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FOR IMMEDIATE RELEASE:

**CENTER FOR PROGRESSIVE THERAPIES WELCOME
WEEKEND July 19-20, 2008**

Manchester, CT - June 28, 2008 – The Center For Progressive Therapies, 192 Hartford Road, Manchester, CT, invites the public to their annual Welcome Weekend Open House.

Director Jim Cowles and the artists and practitioners at the Center are pleased to once again offer the public the chance to relax and enjoy the lovely building and grounds that house the Center for Progressive Therapies, located in Manchester's Historic District.

SATURDAY July 19, 2008 10:00 AM All Day

We will have music, swimming, food, sauna, an art show, door prizes, kids' games, gazebo reading sessions, pendulum gifts & instructions, meditation, hyperbaric sessions, Reiki, Zumba demo, and various wellness & energy talks & demos.

SUNDAY July 20, 2008 10:00 – 7:00 PM

Patio Day! Come sit poolside and relax. Swim and grill your favorites. See the facilities.

The Center For Progressive Therapies can be found on the world wide web at <http://www.c4pt.org/>.

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